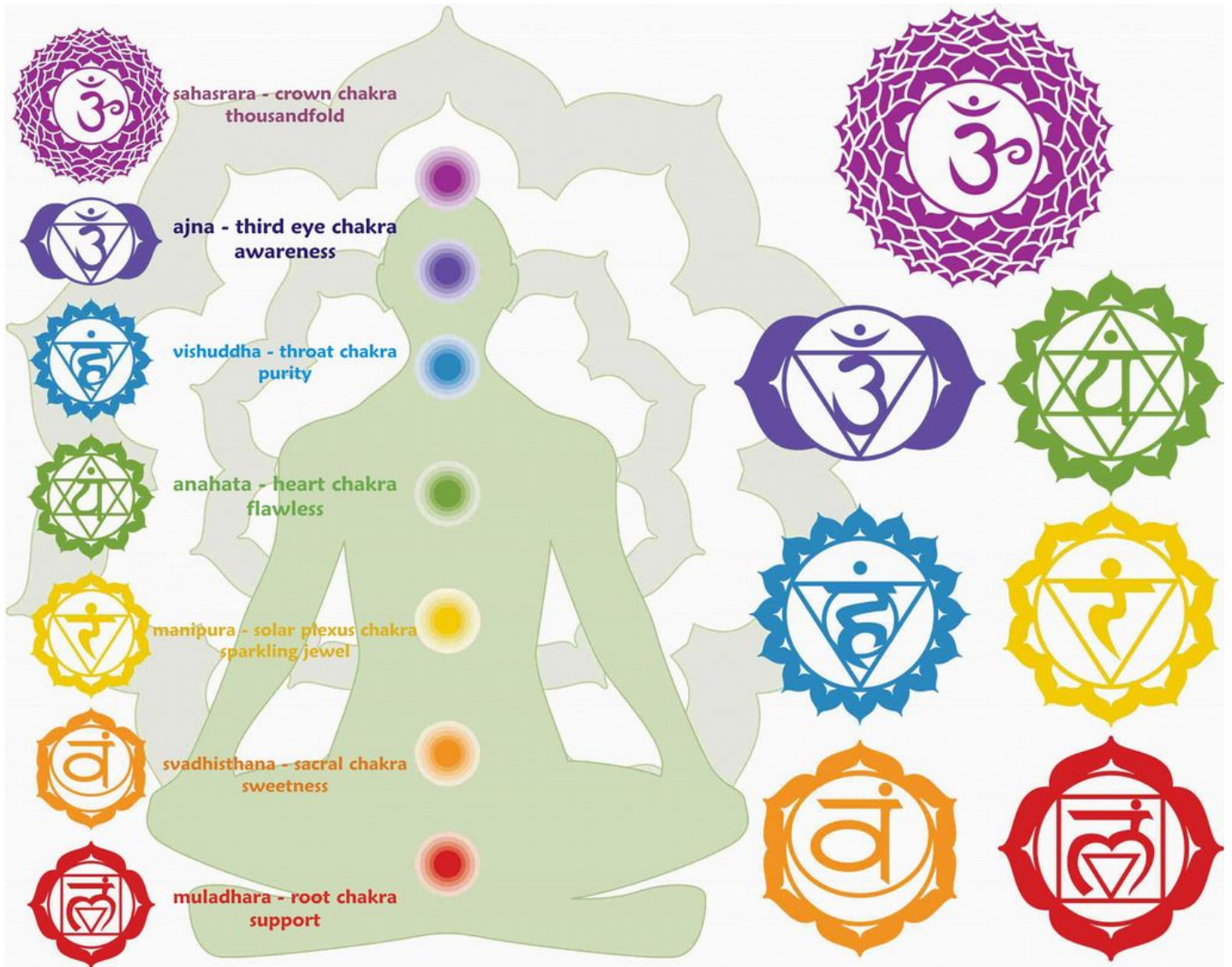




CHAKRA MONEY COURSE



What Are Chakras

The Sanskrit word *Chakra* literally translates to wheel or disk. Chakras are wheels of energy throughout the body. There are seven main chakras along the spine, starting from the base of the spine up to the crown of the head. To visualize a chakra imagine a swirling wheel of energy in the area of each major organ. This invisible energy, called *Prana* or *ki*, is vital life force, which keeps us vibrant, healthy, and alive.

And remember, no matter where you go, there you are ~ Confucius



Why Are Chakras Important?

The human being has many bodies comprising of the physical body, the emotional body, the mental body, the memory body, etc. Chakras are part of our invisible bodies. They form an intricate energy system which communicates with the physical body via the endocrine glands and the nervous system. In fact each chakra corresponds to a major gland. Chakras bring in energy and they affect our psychological, emotional, physiological and spiritual states of being by influencing the endocrine glands.

Since everything in the body moves, the seven chakras spin at certain speeds. If any chakra is blocked, energy cannot flow into the body. A chakra is blocked in the same way that the plumbing system is blocked. In the same way that stagnation in the drains leads to growth of bacteria and mold, so blockages of the chakras lead to diseases.

How to Feel If Your Chakras Are Blocked

Disturbances in the subtle energy of the chakras lead to physical discord and symptoms that are associated with the corresponding glands and organs. For instance, when the throat chakra is blocked you may experience tonsillitis, neck pain or laryngitis. Similarly, imbalance in the heart may cause high blood pressure and heart-related problems.

This implies that you may get rid of a problem by rebalancing a chakra instead of taking pills. Frequent tonsillitis may be the result of imbalance in the throat chakra due to a person's inability to speak up for themselves. Once the person begins to speak up assertively, the problem goes away.



A closer look at each Chakra...

In addition to each chakra governing one of the seven glands, keep in mind there are major organs that are also affected. By clearing blocks and balancing your chakra system not only will it help you to start changing your conscious and unconscious thoughts, beliefs, habits and behaviours with money, but you will be more aligned to the flow of abundance.

Here is a list of each chakra and the organs it influences:

Root Chakra (Muladhara) – Affects the testes, kidneys and spine. The kidneys is where fear lives and when this is balance you will have a sense of security and calmness around money.

Sacral Chakra (Svadhishthara) – Affect the bladder, prostate, ovaries, kidneys, gall bladder, bowel, spleen. Stress is associated with the spleen and when this is balance you will feel a confidently around receiving and asking for money

Solar Plexus (Manipura) - Intestines, pancreas, liver, bladder, stomach and upper spine. Anger is associated with the liver and when this is balanced you are more generous with your money as you know you can create what you want more clearly and easily.

Heart Chakra (Anahata) – Affects the heart and lungs which is now surprise. The negative emotions of the lungs are sadness and depression, but when this is balanced you have the courage to focus on your true desires and the courage to go after your dreams.

Throat Chakra (Vishhudda) - Bronchial tubes, vocal cords, respiratory system, all areas of the mouth, including tongue and esophagus. The area of focus when this is balance is about being able to voice how you feel and to clearly communicate whatever you need to around money.

Third Eye Chakra (Ajna) – Affect the pituitary gland, the pineal gland and the brain. Our thoughts create our reality and we all have the ability to tap into our intuition to get the answers we need in life. When this area is balanced you will be able to make sure and confident financial decisions.

Crown Chakra (Sahasrara) — Affects the spinal cord and brain so when this chakra is in balance it is easier to see the abundance in your current reality, project your future dreams and know that you are in the right place at the right time.

