



Why Script What you Want?

Scripting is where you write down in as much detail as possible how you want areas in your life to be. Thinking them and speaking them out loud feels great, but there was so much more permanent and tangible power in seeing what you want in ink. When writing your life scripts you need to add in the finer details too, these might be;

- What does the coffee smell like when you check your bank balance and there's double the amount in it?
- How do you feel in this moment?
- What does touching it feel like?
- What are you wearing colours, textures, patterns?
- What is the weather like?
- Where are you?
- How happy are you to see this?

The more details you can write down the better the visualisation and more real it will feel. Feeling it as you write, has so much magic in bringing it into reality.

If your written scripts that you don't think are possible or that don't make you feel powerful, alive, hopeful and so excited you might almost wee your pants – then don't bother as they've got to turn you on to work.

There's the big secret key to scripting!

